BAR HILL NEWS

September 2018; Issue 596

— YOUR VILLAGE FETE —

We would appreciate your comments on the following questions:

1. What is your favourite part of the village fete?
2. What is your least favourite part of the village fete?
3. What would you like to see at the village fete?

Email answers to kjdacosta@outlook.com, or put a note through the door of 5 Hillcrest.

UPCOMING MEETINGS re 2019 FÊTE

All meetings start at **7.30pm** in the **Social Club**:

12th September
14th November
9th January 2019
13th March
10th April
8th May
12th June

Please do come along and help make the Fête a community event to be proud of. A little of your time could be invaluable; there are jobs as small as putting out cones or putting up posters, to big jobs like coordinating bookings. There's something to suit all levels of expertise and time.

Please help bring the community spirit back to Bar Hill!

SING IT OUT

— COMMUNITY CHOIR —

restarts **Monday 3rd September**
from **7.30–8.30pm** in the **Octagon**.

If you enjoy singing popular songs/musicals then you will be very welcome to join us.

If you need more info please e-mail Mel Stamp at singitout@virginmedia.com.

— NEIGHBOURHOOD WATCH —

Your Village needs you!

Do you appreciate that Bar Hill has relatively low crime figures? But do you also acknowledge that even just one crime can be distressing to the victim?

If so, **could you be the new Neighbourhood Watch Village Coordinator?** You would be free to develop the role as you wish but it could include such things as coordinating communication with, and joint activities between, Street Coordinators, and liaising with the police. If you are interested or want to know more, please email nhwinbarhill@yahoo.co.uk Meanwhile, individual Street Coordinators are continuing their role as usual.

Deadline for October's edition: 15th September to bhneditor@yahoo.com
or see page 2 for other contacts.

— BAR HILL JUNCTION DISRUPTION — 14th–17th SEPTEMBER 2018

Following a meeting with a member of the A14 Integrated Team, I can update you on work to be carried out on the new Bar Hill Junction in September.

The A14 will **close at 9pm on Friday 14th September** (both directions) under the Bar Hill Junction to enable the two new bridge spans (each weighing 1,000 tons) to be placed on the new abutments. These will be moved into place on Self-Propelled Modular Transporters (SPMTs) over the weekend. This is only the second time this has been done in the UK and specialist teams will be coming over from the Netherlands to carry out the work.

3 of the 4 access points to the junction will remain open. You will be able to get to Tesco/Bar Hill and will be able to access the Bar Hill junction from the westbound carriageway from Cambridge (though not directly when travelling from Histon as the diversion route will be along the A428). The A14 team have advised that anyone using this junction should expect delays. The only journey to be severely affected will be travelling into Cambridge where you will have to find an alternative route as you will not be able to join the A14 at the Bar Hill junction towards Cambridge.

It has been requested that due to safety reasons, people do not go and watch the manoeuvring of the bridge spans. There will be a live webcam to allow people to watch development online (though it will be really slow) and once it has been completed, there will be a time lapse created and made available.

Prior to the work, the A14 team will be at Tesco car park with the mobile visitor's centre on 3rd and 6th September (mid-afternoon to early evening on both days). In addition, there will be a leaflet made available which will be posted on the Longstanton Parish Council website. Paper copies will also be located around the village at various places such as the Village Institute, Co-op, etc.

The junction will reopen in full along with the A14 on Monday 17th September at 6am.

Prior warning – dates have not been finalised, but around October time, the new span at Swavesey will be opening to traffic. Shortly afterwards, the A14 will be closed to allow the old bridge to be taken down. Please keep an eye on our website and the A14 Facebook and Twitter feeds for on-going information.

BAR HILL COMMUNITY LITTERPICK

Meet at the **Parish Council office** from **9am** on **29th September** for pickers & bags.

Any queries call **01954 780456**.

— RESIDENTS' ASSOCIATION —

Interested persons are always welcome at Residents' Association meetings.

They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meeting: 4th September.

— BAR HILL RESIDENTS' ASSOCIATION —

2017–18 COMMITTEE:

Chair	Roger Hall	01954 780304	
Vice chair	Kate DaCosta		kjdacosta@outlook.com
Secretary	Anil Pallan	01954 782736	
Treasurer	Ann Bensted		ab10034@cam.ac.uk
Data Protection Officer	Richard Hayden	07775 731814	rxh321@gmail.com
Other Committee members:	Mike Nelson		mike@machineconcepts.co.uk
	Jo Hall	01954 780304	
	Hilary Whipp		hilary.whipp1@gmail.com
	Karen Hayden		kfmh123@gmail.com
	Laura Chapman		laura.katy.foster@gmail.com
	Amber Neale		amberscott2015@gmail.com

BAR HILL NEWS:

Editor:	Jan Cundy		jan_cundy@yahoo.com
Advertising Coordinator:	Bunty Waters	01954 201421	

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list.

To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com *[a Word file is best, please]* or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442

www.mhmaple.co.uk

Out of Hours Emergencies — call 111

(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday		8am – 6.30pm
On the day appointments: bookable by phone at 8.30am.		
Midwife	Thursday	9.30am–12.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon *and* 1.00–4.00pm
Orthoptist	2nd Tues/month	9.00am–12.30pm
Cambs Hearing Help	4th Tues/month	9.30–11.30am
Health Visitors *(based at Longstanton)*:		01954 207612
Well Child Clinics:	3rd Tues/month	1.00–2.30pm

at the Children's Centre, Bar Hill *(next to Primary School).*

— BAR HILL HEALTH WALKS —

Free every Wednesday morning

Meet at Maple Surgery at 10.30am

Our walks are all weather *(in case of rain you will find us under the Church porch)*, free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108; E: jopowell45@hotmail.com or Patricia Daniels T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Bar Hill School would like: tissue paper; Playdough; stencils; pencils; crayons; cotton wool; train sets; water toys; buckets and spades; musical instruments and children's books in good condition.

If anybody has any of these they wish to donate, please get in touch with Jo Hall, 11 Almond Grove, tel. 01954 780304 or e-mail roger.hall@ntlworld.com.

SUMMIT LANDSCAPES

• Paving • Driveways • Brickwork •
• Carpentry • Groundworks • T: 01223 929394;
ww.landscapingpaving.co.uk

BICYCLE REPAIRS & SERVICING – 07914 655086

— NWR —
CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

13th Sept: Famous cafes and restaurants – research their history and why they are famous. Have you been to any?

27th Sept: Obesity and eating disorders – do diets work? Which ones are most effective?

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-Thérèse Last on 01954 780329 or Bobby Colver on 01954 781662.

NWR can also be found on www.nwr.org.uk.

Why not have a look!

BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill.
For more details contact Julie Marin,
Bookings Secretary, 01954 781838 or 07770 687437

THE ROYAL BRITISH LEGION, — BAR HILL BRANCH —

The Royal British Legion Bar Hill Branch meets on the 4th Thursday of each month in The Community Room at Tesco at 7.30pm.

We are a small friendly group of like-minded people.

To join you don't have to have an Armed Forces background, just share a common cause of supporting our Service community, now and for the rest of their lives.

If you are interested in coming along, please contact Wendy Arrowsmith, Branch Secretary, on 01954 781381 or Malcolm Cox, Chairman, on 01954 488657.

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school at 8pm. The cost is £10 for the year plus 50p each month to cover the raffle and coffee.

We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal. Our upcoming meetings are as follows:–

6 September – Enrolment evening

4 October – Geoff Lambert – Update on Medical Detection Dogs

1 November – Malcolm Busby – Ghostly Tales

6 December – Christmas meal – members only

If you'd like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings. We'd be very pleased to meet you.

— HAPPY HOURS —

Our Club meets on most Mondays in the Octagon building of Bar Hill Church and runs from 11am–3pm with coffee, tea and light lunches. Our Summer lunch menu consists of salads (cheese, salmon or the weekly special which could be ham, corn beef, pork pie or quiche) or a ploughman's lunch (all at £2.30 each). Our aim is to provide friendship and companionship so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

On the 6th August we had a lovely "Day at the Seaside" with fish and chips for lunch, cocktails, ice cream and beach games. This year, for a change, we have had a summer break for the rest of August.

Coming up in September:

3rd September: Happy Hours restarts after summer break

10th September: Surprise!

17th September: Surprise!

24th September: Surprise!

Anne Plumb, 01954 780364

DRY DRAYTON WOMEN'S INSTITUTE

Our W.I. meets at 2.30pm on the second Tuesday of every month in the Village Hall, High Street, Dry Drayton.

Our future programme is:

11th Sept. Dr Tim Wreghitt – making a stand for Chelsea;

9th Oct. Mrs Charlotte Homent – how to protect yourself against scams;

13th Nov. Mr Rex Freeman – England our England – songs and words;

11th Dec. Christmas meal for members.

Visitors are always welcome – £5

Contacts: Huguette 01954 781484
Alice 01954 782497

S DYE

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484.

— BAR HILL BOOK CLUB —

Meeting on **Tuesday 25th September at 7.30pm** in **Bar Hill Sports & Social Club**, The Spinney, Bar Hill.

Please join our friendly group, we offer a lovely welcome, good company and great book choices.

Let me know if you would like to join us and I will arrange a warm welcome.

sheilafarrar@hotmail.co.uk or tel/text: 07920 558319

— HEALTH AND WELLBEING CLUB —

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: **11th September.**

For further information, contact Wendy Arrowsmith on 01954 781381.

— LETTER —

Dear Editor

It is with great sadness that Martin Avery is leaving the Residents' Association to follow on with his other interests. All his old colleagues and new members of the RA would like to thank him for the considerable commitment he has made to the village over a great many years.

In this time he has seen the village develop and grow, his contributions have allowed residents to enjoy wonderful fireworks, his enormous involvement in the many village Fetes, of course, was invaluable, and keeping the finances in good order for the RA. We have worked well as a team over the years and you will be greatly missed.

With all our very best wishes to Martin.

From the Committee members of the Residents' Association

VACANCY: CHURCH CENTRE MANAGER, BAR HILL CHURCH

Bar Hill Church is seeking to appoint a Church Centre Manager to succeed the current post holder from 1st November 2018. This is a part-time position equivalent to 18 hours per week. The Church is willing to consider a job share with a suitable division of the responsibilities.

You can download a description of the role, remuneration and key characteristics of the person that we intend to appoint from https://barhillchurch.org.uk/centre-manager/. If you want to apply, please fill in the form that can be downloaded from the above webpage and send it by email to personnel@barhillchurch.org.uk by 5.30pm on Wednesday **5th September**. We intend to hold interviews during the week of **24th September**.

Appointment will be subject to satisfactory completion of a Disclosure and Barring Service check.

RSPB FEN DRAYTON LAKES

SPECIAL EVENTS 2018

Explore and discover nature at our reserve!

We are running the following exciting activities in the latter part of the year:

Stargazing – Sat 22nd September from 8–9.30pm

Join experts from the Institute of Astronomy and the Cambridge Astronomical Association for a stargazing evening at the lakes.

RSPB members: £8; non-members:£10, children half price

Willow weaving workshops – Sun 29 Sep from 10am–4pm

Make a handy basket from willow harvested here at the reserve.

Sun 9 Dec – 10am–4pm

Get creative in time for Christmas and make your very own decoration.

Booking required. Non-member £25, RSPB member £20.

For more information or to book your place, please contact: E: fendraytonlakes@rspb.org.uk or T: **01954 233260**

Find out more at www.rspb.org.uk/fendraytonlakes.

The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654.

— BAR HILL CRICKET CLUB —

No doubting this month's headline maker – Adam Dean returning from injury to hit a brilliant century – 121 not out – against Madingley.

He also took four wickets and a catch but amazingly still finished on the losing side as the visitors passed Bar Hill's total of 207-4 with four wickets in hand. The match also saw youth player Sam Connor make his league debut and show what a good prospect he is – hopefully the first of many to graduate from our youth system to adult cricket!

Bar Hill had managed their first victory of the season the previous week against Haslingfield. Having restricted their opponents to 218 on another sweltering day, Phil Orvis made 81 and 'loan' player Freddie Eggleton 85 not out as Bar Hill passed that total with only two wickets lost.

In the other matches, leaders Bassingbourn proved too strong, despite three wickets for Scott Underhay and scores of 45 by both Phil Orvis and Jim Neal – the latter not out, while there was defeat by six wickets to Cambridge St Giles III in the other match this month, Jake Curry making 28 as the top-scorer.

Many thanks to all who supported our race night at the Social Club, which raised some very welcome funds for the club and also for Addenbrooke's and Great Ormond Street charities, which our youth player Harry has raised more than £2,000 for after his brother Jack was treated there.

With the funds contributing to youth development, it was great to see so many of our young players (and parents) enjoying the night, and massive thanks are also due to Jimmy and Dan Marsh for organising such a memorable event.

We will also be present at the village Fun Day on 1st September, with cricket activities on the village green and a club barbecue too!

Finally, we are already planning for next season and are on the lookout for people who may be willing to take a one-day Coaching Assistant course (or indeed take the plunge to become a fully-fledged coach!) for next season – it could be club members, parents or anyone else. The club funds the courses, so if you are interested, please get in touch with me on the number below.

For more information about the club, visit www.barhillcricket.org.uk.

Paul Stimpson, 01954 201212

BUS SERVICE 1A BETWEEN BAR HILL AND ST IVES

Dews Coaches run a weekday bus service, number 1A, between Bar Hill and St Ives. There are stops in Fenstanton.

This service is subsidised by Cambridgeshire County Council until summer 2018, and to keep it running we need to support it. Older persons' bus passes are accepted.

The timetable is as follows:

- Departures from bus stop near Tesco at 07.52, 09.43, 10.43, 11.43, 12.43, 13.43, 15.43 and 17.03.
- Return from St Ives bus station at 09.18, 10.18, 11.18, 12.18, 13.18, 15.18 and 16.18.

Small wheelbarrow free to a good home. **01954 782441**

— BAR HILL PARISH COUNCIL —

Sue Bell, Parish Clerk: 01954 780456
e-mail: clerk@barhillpc.org.uk.
Please note that the office is normally open to residents between 10am and 12noon, Monday to Wednesday.

Our new website is open: www.barhillpc.org.uk.

Community Litterpick – Saturday 29 September.
Could you spare an hour or two to come and join in? Litterpickers, tabards and bags etc to be collected from the Parish Council Office, Hanover Close from 10am

We are pleased to announce that **Alban Milroy** has been co-opted to the Council and we look forward to welcoming him to his first meeting in September.

Major A14 Closures – September – Bar Hill
We understand there will be substantial works undertaken to land beams on new bridges which will involve road closures some time over the middle weekends of September at Bar Hill. Firm details will be published on the village noticeboard, office windows and website as soon as we are able.

Graffiti artists are still using our street furniture. If any anyone can help in identifying these people so that information can be passed to the Police it would be very much appreciated.

Please could **residents** check the other side of their boundary fence and clear away any vegetation and self-sets encroaching/overhanging the footways, including keeping your trees and shrubs cut back for pedestrians and mowers.

Next Environment and Amenities Committee
Wednesday **5th September.**
Full Council Thursday 20th September.
All meetings start at 7.00pm and are open to the public. Details are posted in the office windows.

Handy telephone numbers/contact details:
Cambs County Council: Births, deaths and marriages; buses; consumer protection; education; libraries; public health; recycling and waste; roads and highways; social care; street lighting; trading standards; transport and travel.
Tel **01223 717111**
South Cambs District Council: Building control; business rates; car parks; council tax; elections and voter registrations; environmental health; housing and homelessness; leisure centres; licensing; pest control; planning; refuse/bin collection; street cleaning
Tel **03450 450500** https://www.cambridgeshire.gov.uk/council/contact-us/not-sure-which-council-to-contact/
To report issues on **footpaths, public rights of way, and roads** https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults. Tel **01223 717111**
Streetlight maintenance http://www.lightingcambridgeshire.com/contact-us/report-fault.htm or enquiries@lightingcambridgeshire.com Tel **0800 7838 247.**
You will need to give the number on the lamp post
Cambridge Water Company (water supply)
http://www.cambridge-water.co.uk Tel **0800 316 7676**
Anglian Water (waste water)
http://www.anglianwater.co.uk/ Tel **0800 145 145**

— PARISH COUNCIL WEBSITE —

This is now available on www.barhillpc.org.uk
Lots of information and minutes of meetings.
Please contact the Clerk with any questions or suggestions.

NEW FOOTPATH TO LOLWORTH CHURCH

The A14 development works will make Lolworth far more accessible to both motorised and non-motorised traffic. Church Lane is an integral part of public footpath 5 which goes from Cuckoo Lane to Lolworth Spring. Currently the path ends at this point making it an unattractive path to walk (it used to go to a public house that is long gone). When the A14 scheme is completed, the path will join the diverted footpath 150/5 and provide a circular walk from Lolworth to Bar Hill, utilising the millennium path. Apart from the recreational benefit to local residents of both settlements and potentially to those from further afield, re-surfacing of the path will have obvious benefits for those attending All Saints Church and to those who visit the graves of their relatives or who wish just to sit and enjoy the churchyard or church.

— CHARITY WALK —

Cambridge breast cancer now

4th November 2018
Join us for a 9 mile walk from
Milton Country Park to Waterbeach
For further details and registration please contact:
jo@hartmcleod.co.uk or avrilwilliams04@gmail.com
Breast Cancer Now is a company limited by guarantee registered in England under company number 9347608. It is a charity registered with the Charity Commission of England and Wales under number 1160558. Registered Office: Ibex House, 42–47 Minories, London EC3N 1DY.
www.breastcancernow.org

— COMBERTON RAMBLERS —

Join our friendly group for wonderful walks.
Comberton Ramblers walk alternate Sundays between 5–7 miles. We are a friendly/informative group and enjoy exploring the varied countryside in this area.
New walkers are very welcome to join us with up to 2 free walks, and if you enjoy yourself we request that you become a member.
Annual membership fee is £8.50 per person.
Our full walks programme and photos can be viewed at www.combertonramblers.org.uk
For further information please contact Stella at:
T: 01954 210049 or E: stella.ramblers@hotmail.com

— Bar Hill Church —

Services during September

BAR HILL CHURCH
spread the word

Sunday 2 September	10:00 am	Holy Communion (Methodist)
	6:00 pm	Informal Worship
Sunday 9 September	10:00 am	All-Together Worship
Wednesday 12 September	10:00 am	Midweek Communion
Sunday 16 September	10:00 am	Holy Communion (Baptist)
Sunday 23 September	10:00 am	Morning Worship
Sunday 30 September	10:00 am	Society of Friends (Quaker)

Social Calendar for September

Olive Tree Coffee Morning Saturday 15 September 10:30 -11:30 am in the Meetings Room

Knit & Natter every Thursday 1:15—3:00 pm in the Octagon (contact Sue 01954 780260)

(On Thursday 27 September this will take the form of a MacMillan Tea Party)

Coffee Stop every Wednesday 10 am - noon in the Library (contact Sue 01954 780260)

Art Group every Wednesday 1:30 - 4:00 pm in the Octagon (contact Jan 01954 201495)

Bring Your Own Craft Group Saturday 2 September 2:15 - 4:30 pm in the Octagon

(Contact Karen 01954 781085)

Alpha Course begins Thursday 11 September at 7:00 pm in the Octagon with supper

Church Contacts

Church Office	Linda King	01954 206120	office@barhillchurch.org.uk
Minister	Rev. Charles Mather	01954 277119	charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH		
Website	**https**://barhillchurch.org.uk	**Facebook**	https://facebook.com/barhillchurch

LOVE LIFE – LOVE SLIMMING WORLD
Join our warm and friendly group at
Bar Hill School on Wednesdays at 5.30pm or 7.30pm.
Want to lose weight and never feel hungry?
Call Chris on 07779 287055.
No pills or potions, just healthy wholesome food
suitable for all the family.
Website: slimmingworld.com; T: 0844 897 8000.

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Lance Rayner, 16 Cambridge Road, Barton CB23 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

— Bar Hill Church —

Alpha at Bar Hill

Ever wondered about the big questions about the meaning of life?

Come along at 7.30pm
on Thursday 27 September to
the Octagon
at Bar Hill Church.

Come for a
free two-course supper,
meet new friends and
ask your questions about life.

Try it for one week, then decide if you wish to continue.
You will be made welcome!

Contact Elsa Mandley 01954 205078

— Catholic Church —

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill
Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness Tel: 01223 350787
Local contact: **Bunty Waters** Tel: 01954 201421
Mon., Weds., Thurs., Friday 8am & 12.15pm
Tuesday 8am & 7.30pm
Saturday 6pm: First Mass of Sundays
Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.
Holydays of Obligation 8am, 10am, 7.30pm
Sacrament of Reconciliation
Tuesday 6.45pm (not after Mass)
Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Home Visits
I am happy to bring communion to house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.
Contact Jean: 07841 397338, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

— INDOOR CARPET BOWLS —

We are a mixed group who meet in the school on Friday evenings during term time from 7.30–10.00pm with a ½-hour break for refreshment – all for £1.50 each evening you play.
We do not play in any leagues so even if you have never played before do not be put off. Why not come along and join us on any Friday evening with your 1st session being free?
We look forward to welcoming you.
If you require any further details please contact Barbara on 01954 204171.

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	(TTO)	Helene's School of Dance	4–6pm
		Craig Burns Boot Camp	6.15–7.15pm
	(TTO)	Pilates	7.15–8.15pm
Tue.	(TTO)	Over 50's Dance Class	2–3pm
		Shotokan Karate	6–8pm
Wed.	(TTO)	Helene's School of Dance	4.30–6.45pm
		Clubbercise with Marilyn	7.15–8.15pm
Thur.	(TTO)	Pilates	10–11am
		Little Kickers	1.45–2.45pm
		Little Kickers	3.30–4.30pm
		Weight Watchers	7–8pm
Fri.		Martial Arts	6–8pm
Sun.		Bingo	7–9.30pm

(TTO) Term Time only

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— VOLUNTEERING —

Ever considered volunteering? Do you have 3 hours to spare once a week?

At Cambridge University Hospital (Addenbrooke's and the Rosie) volunteering is a long established part of hospital life. With a variety of different roles on offer there is bound to be something that suits you.

Some of the many benefits of becoming a volunteer with us include:

- A great way to meet people;
- An opportunity to help those in need without requiring any specific skills (All our volunteers have patient facing roles);
- Ongoing support through mentoring, training, forums, newsletters and social functions;
- A great way to keep fit (we have roles to suit many levels of fitness);
- Use of the on- site sports and leisure centre at staff rates (including large swimming pool) and other benefits.

Find out more information on our website: https://www.volunteering.cuh.org.uk/ or give us a call on 01223 254663.

We would love to hear from you.

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles, cribbage, or enjoy a drink in our quiet lounge bar.

Weekend staff required – great rates of pay.

A freshly cooked Sunday roast is available every other Sunday, please pre-book. Non-members are welcome – just give us a call 01954 781881.

What's on...

1st Sept. 40th anniversary Fun Day 1pm–late, kids activities, live music, food, beer festival and lots more.

30th Nov.–2nd Dec. – Weekend away to Lille and Brugge for the Christmas market. £138 per person, £25 deposit. Limited spaces, book now to avoid disappointment – open to non-members. More info and booking forms from the bar.

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form.

For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

Sarah Whitfield, Entertainment Co-ordinator BHSSC

PLAYPALS BABY AND TODDLER GROUP

Meet Wednesdays and Fridays*
At Bar Hill Church Octagon
9:45–11.15 am
*Term-time

Under 1s £1.50; Over 1s £2.50; Family £3.50.

Your first session free!

Can you help? We are looking for kitchen volunteers to give an hour of time during our sessions to help prepare snacks and drinks. If you are interested please contact: helen.j.bishop@gmail.com

— GIRLGUIDING IN BAR HILL —

Run by an incredible team of adult volunteers, our groups support over 120 girls locally. All our meetings are packed with age appropriate activities for girls to participate in and try out, including badge challenges, crafts, games, outings, sleepovers, pack holidays, international trips and community work!

If you would like to join the fun, please e-mail: barhillguiding@icloud.com or you can register online: https://enquiryym.girlguiding.org.uk.

Sarah Rivers, Commissioner

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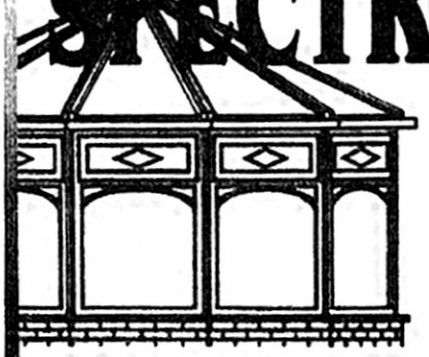

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Starting School can be an anxious time for parents and children alike. NHS choices can offer help and advice on how to prepare little ones for their first day. For further advice and information visit https://www.nhs.uk/conditions/pregnancy-and-baby/starting-school/ or https://www.pacey.org.uk/working-in-childcare/spotlight-on/being-school-ready/

Flu Vaccinations will be arriving towards the end of September and we will be running special flu clinics. Please ring for details from mid-September.

Telephone numbers – please ensure the surgery has your most up to date contact details. If we have your mobile number, we can send SMS reminders and appointment confirmations to your mobile phone.

X-rays and Test Results – we would like to remind patients that you need to contact the surgery in order to find out any test results including blood tests, urine, X-rays and Ultrasounds. Unfortunately, we do not have capacity to contact patients with their results, even if there is an abnormality. Please contact our receptionists after 11am for your results, and they can pass on any comments and advice from the GP.

Carers Support Meetings – next meetings at Willingham Surgery are Wednesdays: 5th September, 3rd October, 7th November. If you're a carer, please pop along and get some support. Refreshments provided, no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.

Cambridgeshire Hearing Clinics – next Hearing Aid Clinics at Willingham Surgery: 19th September, 17th October, 21st November. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

A&E is not an alternative to a GP appointment. If we are closed, please call 111, who will give advice and direct you to the most suitable local service.

Sharon Unwin, Practice Manager

BAR HILL COMMUNITY CAR SCHEME

A Voluntary Car Scheme for residents of Bar Hill.

We are now recruiting volunteer drivers – do you have a few hours to spare now and again?

We need your help to provide this valuable service for those who do not have the use of a car and struggle with transport.

For more information, please contact the Car Scheme Coordinator – Russell Brown on 07496 465330.

BAR HILL, A SOCIAL HISTORY, 1949–2004

by Roger Hall.

Copies are still available, priced £10.00, from Roger Hall, 11 Almond Grove, tel. 01954 80304 or 07986 415244, or email roger.hall90@ntlworld.com.

— DISTRICT COUNCILLOR NOTES —

I hope you have all had a good August and have had an opportunity to enjoy a restful time. It is usually quiet and I expected to be able to catch up on outstanding work things, however, I have found it to be quite busy.

I attended an update training with Environment and Health & Safety, one question asked was about cardboard not being collected.

This was explained: the lorries pick up the bins and automatically empty the contents, these bins are what the lorry automation expects, it does not have the ability to 'chuck' other pieces in, as for example a large piece of cardboard, which I think residents expect can be recycled in this manner.

So what is asked is that the cardboard is broken into smaller pieces, then put beside the bin so that the first 'tip' of the bin is done then the operator will come back and put the broken up cardboard into the bin so that it can be tipped in.

I hope that this explanation helps, I now understand better what to do with my cardboard.

I also attended a meeting with Mears, who look after the South Cambs council houses, they have taken on five apprentices, this is good news as we have a need for many more skilled people, especially plumbers and electricians, they would really like female applicants too.

Connecting Patients to Community Support

Funding from South Cambridgeshire District Council has enabled GP surgeries to employ a professional to focus on tackling loneliness and other non-medical issues.

The 'Social Navigator' has been appointed to link support available in the community to socially isolated residents, and those who need assistance with issues including exercise, diet and anxiety due to financial worries.

The role, which Cambridgeshire County Council's Innovate and Cultivate Fund is also contributing towards, sees an employee based at Granta Medical Practices, covering surgeries in Sawston and Linton. The aim is to reduce loneliness and the physical and mental health problems it can cause, while also helping to reduce the time spent by local GPs on non-medical issues.

The national Campaign to End Loneliness estimates that between 1,700 and 3,840 people over 65 years old in South Cambridgeshire are lonely.

Kelly Austin, who had already been working in the Sawston Medical Practice for eight years, was appointed to the role earlier this year, and is now seeing patients.

The scheme is designed as a non-clinical link between the surgeries and their communities. Doctors will refer patients on to Kelly to be seen if they believe they are socially isolated, lonely, need more company or are visiting the surgery regularly because they just want someone to talk to. They will also be referred if requiring help with exercise, diet or anxiety.

An easy to understand one-page wellbeing plan is then produced for each patient, giving details of all the local groups that can help them in their communities. These can be walking groups, art and craft groups, social groups, exercise classes or community allotment schemes.

The scheme is being funded as a trial for an initial two-year period. South Cambridgeshire District Council is contributing £17,500 per year towards the project, with Cambridgeshire County Council contributing a further £5,000 per year.

Please contact me on 01954 201421 or 07734 690580 or email: bunty.waters@ntlworld.com, if I can help in any way, or collect a recycling Caddy for you.

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place.

We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.

Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more...

These sessions are not only for Childminders but also for any children aged 0–5 years and their parents/carers to attend – so come along and join us!

Government Funding for 3 and 4 year olds (15–30 hours per week) – 'Universal' and 'Extended'.

Some of our Childminders are now registered to offer Government Funded places for children aged 3 & 4 years old (+ qualifying 2 year olds). The Funded hours each week can be shared between a Childminder and your child's Pre-school and/or Nursery. Below is a list of our Childminders – those who offer Government Funding have a letter 'F' before their name:

F	Kirsty	07584 168909 – spaces
F	Jacky	07718 447998
F	Janine	07879 613731
F	Melanie	01954 204496 – spaces
F	Terri	07846 018714
F	Kirsten	07906 218070
	Mandy	01954 204223
	Carol	01954 780238 – spaces
	Karen	07930 196319 – holiday spaces

— WILDLIFE TRUST —

Huntingdonshire Local Group

Otters in Cambridgeshire

We invite you to the first of our indoor meetings on Wednesday **12th September 2018 at 7.30pm**, at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB.

Our topic will be delivered by Ruth Hawkesley. Otters are shy but appealing creatures, which have struggled in recent times to maintain their previous stronghold in our region. Ruth will explain the results from the 6th County Otter Survey that was carried out by the Wildlife Trusts and Cambridgeshire Mammal Group in the winters of 2016 and 2017 and the follow up site checks that have been undertaken this year.

A Tale of Trees, the Battle to Save Britain's Ancient Woodland

We invite you to this presentation on ancient woodlands on Wednesday **10th October 2018 at 7.30pm**, at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB.

Our speaker will be Derek Niemann, a renowned nature writer and Guardian country diarist, who will look at how the destruction of up to half of the county's mature trees happened 40 years ago and will explain what has been done in recent years to ameliorate their loss.

These should be fascinating and stimulating talks and anyone who is interested is most welcome to attend. Booking is not necessary. The entrance charge is £2.50 (accompanied children free). For more information on either of these, please contact **Tim** on **01480 457795**.

Registered Charity No: 1000412

— WELLY WALK —

The A14 is hosting a Welly Walk to raise money for Cancer Research in honour of valued team members that we have lost to the disease and those that are fighting it right now. This will take place on **Sunday 9th September** with various times between **10am–12md**.

We're inviting you to come behind the traffic cones, get on site and see how we're progressing at building your new A14. You'll be able to walk along the new A14 from our Ermine Street office to our Swavesey Office. This is open to all of the family and is guaranteed to be a good day. Come and join us in the fight against cancer!

To book your place please visit our **A14 C2H Welly Walk booking page**.

To see your route – Charity Walk Flythrough.

If you have trouble accessing the booking page, please contact Samantha.Kedie@thea14.com

Alternatively if you do not have internet access please call the A14 Public helpline and we will manage the booking for you – 0800 270 0114.

Places are limited so please book soon.

You can contact us on our dedicated **A14 Public Helpline** 0800 270 0114. Scheme information is also available at our website www.highways.gov.uk/A14C2H

My name is **Lucie Twin** and I am the new community champion at **Tesco Bar Hill**.

On **1st September** from **8.30am–2pm** I will be having a book sale in the foyer to raise money for The Blue Cross, Cambridge. I held one for our big 3 charities, Cancer research UK The British Heart Foundation and Diabetes UK, and raised almost £250 so hopefully we will exceed that.

On **15th** and **16th September** we have **The British Heart Foundation** raising money in store. We will have different things going on so come join in the fun.

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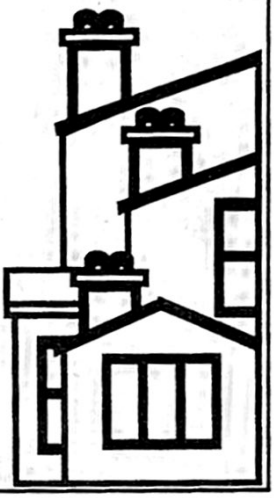

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— SUPPORT DURING A POWER CUT —

Do you know someone who may need extra support during a power cut? Do you need support? Although power cuts are rare when they happen they can be worrying.
UK Power Networks delivers electricity to homes and businesses across the East of England. We have a 'Priority Services Register' for people who might need extra help in a power cut, e.g. older people, families with very young children, and people with specific medical conditions, all of whom are eligible to register for free support.
You can find more details by calling 0800 169 9970 or at: ukpowernetworks.co.uk/prioritysupport.

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Babies are naturally gestural – whether they reach up for a cuddle, bang on their highchair, or clap their hands in excitement, they are predisposed to interacting using their hands. Scientific research has proven that babies are born "connected", meaning they are ready and able to interact.
At a "Sing and Sign" class, we teach carers signs through music, which entertains and stimulates the babies. Class sizes are limited to 12 to ensure a sociable and comfortable environment.
Free Taster sessions and classes are available throughout the year at the Bar Hill Octagon and around Cambridgeshire. For more information visit: www.singandsign.com,
E: singandsigncambridge@yahoo.com, T: 07732 380191.

— CAMBRIDGESHIRE AGE UK — VOLUNTEERS NEEDED IN YOUR AREA

Have you spoken to anyone today? How would you feel if the answer today, tomorrow and the next day was no-one?
The Age-UK visiting scheme enables people in later life living near you to say "Yes – I had a visitor today".
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...did you know...

Donald Duck comics were banned from Finland because he doesn't wear any pants!

Live a good life. If there are gods and they are just, they will welcome you based on the virtues you have lived by. If there are gods and they are unjust, you should not want to worship them. If there are no gods, you will be gone, but will have lived a noble life that will remain in the memories of your loved ones. *Marcus Aurelius*

COULD YOU SPARE AN HOUR A MONTH TO CHANGE SOMEONE'S LIFE FOR THE BETTER?

Form the Future's successful mentoring programme for young people is expanding and they need more mentors to help students fulfil their potential. This year nearly 100 students from eight Cambridge and Ely schools, and local village colleges were supported by a volunteer mentor from the business community. In the next academic year, this number is doubling and they need 100 new mentors from different professions to meet all the areas of interest.
Anyone can be a mentor - training is provided. No previous experience is necessary, just a desire to make a difference and willingness to give up to one hour a month.

How does it work?

Mentors and Mentees are matched based on shared interests and job aspirations. Many of the students are eligible for free school meals, most are at risk of disengaging from education and not achieving their full potential, while some simply lack direction or have a career goal, but no plan for reaching it. Mentors can provide the vital one-to-one support that helps students find a new sense of purpose, motivation and direction.
Mentors receive 5 hours of training from a professional development agency, and Form the Future arranges the matching, the safeguarding issues and the logistics of the meetings (which always happen in school). You will be required to listen a great deal and empathise – providing words of challenge and support once you have built up a relationship of trust.
Research has shown that unemployment and low employment aspirations can be a family trait. Form the Future's mentoring scheme aims to break this spiral of low self-esteem, low aspirations and low achievement. If only 10% of their mentees are inspired to achieve, rather than under-achieve, that could mean 20 Cambridge teens in work, as opposed to on benefits.
Andy Rice, Form the Future CIC, Future Business Centre
07970 141271; 01223 781296

...interesting fact...

Ostriches can run faster than a horse and the males roar like a lion.

Albert Einstein said...

Life is like riding a bicycle: in order to maintain balance you must keep moving.

HARDWICK MUMS & TUMS GROUP

A Group especially for parents-to-be and parents/carers of babies up to the age of becoming mobile.
We meet on **Wednesdays 11am–12.30pm** in the port-a-cabin behind St Mary's Church, Hardwick.
Come and have a chat with other parents and share experiences. A chance to catch up with friends and make new ones. Baby play mats, seats and toys provided.
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For further information contact: Stella: T: 01954 210049 or 07903 229296; E: stella.ramblers@hotmail.com;
or Jo: T: 01954 213167 or 07752 870320;
E: joanna.lane@btinternet.com.

Bar Hill Pre-School

— VILLAGE HALL —

01954 782892

Bar Hill Preschool is open 9am–3pm Monday to Friday, term time for children aged 2–5 years. We offer sessions through the Early years funding scheme, funded two's and accept childcare vouchers.

Our ethos is to ensure high quality care by focussing on each child's ability and interests, providing fun and exciting activities that children learn and develop skills through play in a safe and inviting environment.

Our keyperson and buddy system ensures every child is well supported by qualified practitioners who have a wealth of experience. We work in partnership with parents and our online learning journal supports this by providing families with regular information on the child's development and next steps identified, parents can upload evidence from home too and add their own comments.

Our inside area provides views across the village green in a inviting and welcoming atmosphere. Children can access toys and equipment independently. Skills are developed through activities and routines eg children help to prepare snack with safety knives and learn about how to stay healthy. Lunch clubs are a social time and adults sit at tables with children while they eat own packed lunch, encouraging friendships and social skills.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to exploring the mud kitchen, large sand pit and our sensory garden.

We welcome visitors from the local community that support our curriculum further.

Interested? You can find out more information on our website www.barhillpreschool.co.uk or call us on 01954 782892 to book an informal visit or for an application form.

— ELY PRIDE —

On Saturday 11th August, officers, staff and cadets attended Ely Pride to show their support for LGBT diversity in our region.

The event, which saw more than 2,000 people download free tickets to attend, was a huge success – with perfect weather, music and refreshments enjoyed by all.

Officers from Cambridgeshire Constabulary attended with a police gazebo, and a marked police vehicle in LGBT livery.

Sergeant Phil Priestley said: "It was a wonderful event that went off in a local spirit of community and inclusiveness. There was live music, and cold beer (not for the officers!) – which is a great combination – and we took the opportunity to speak to people about the need to report hate crime."

Hate crime against the LGBT community remains an issue – both locally and nationally – and we are encouraging people to have faith in our service and get in touch to report their experiences.

You can report hate crime (of any type) online by visiting True Vision at www.report-it.org.uk

— COUNTY COUNCILLOR'S REPORT —

The news over the past few months about the financial situation in which Northamptonshire County Council has found itself has served to highlight the budgetary challenges faced by all county councils. Cambridgeshire County Council has for some while recognised that in its ambition to make the county a great place to call home, it must review the way it does things, regrettably even reducing some of the things that it does. However, it has also sought to make greater support available to local community groups who as ever are doing a fantastic job of supporting their own local areas. I know that there are a lot of community groups in Bar Hill and would like to remind them that the County Council is continuing to offer funding through its Innovate & Cultivate Fund. It has two funding streams: Cultivate offers small grants of £2,000 to £10,000 aimed at encouraging local networks to support people to help themselves and each other. Innovate offers larger grants of up to £50,000 for bigger projects that demonstrate an innovative approach to address one of the seven funding priorities for Cambridgeshire. No Bar Hill group has yet benefitted from either so, if anyone is looking for funding, please do go to: http://www.cambscf.org.uk/icf.html for more details. The next round of applications will be considered in November.

The County Council is also doing as much as it can to make residents aware of the increasing risk of being scammed. The increasing ingenuity and innovation of those intent on profiting from the rewards that the rest of us have worked hard to achieve means that it is becoming harder to spot a scam. One of the recent innovations has been for scammers to tap into anything that may have recently been in the news or to offer very reasonable advice by pretending to be an organisation with which we are all very familiar. This month the police have warned that they have had an increase in reports about fake British Gas emails claiming to offer refunds. Prior to that the name of Argos was used in texts, again falsely claiming that recipients might be owed a refund. The Council's Community Protection Team is continuing its work to make the people of Cambridgeshire more #ScamAware. Watch out for that hashtag on the County Council's social media accounts. It is a worrying to hear that only 5–15% of scams are believe to be reported currently. Please do watch out for yourselves, your friends and neighbours [particularly in the more vulnerable groups] and encourage anyone who experiences a scam or identifies one to report it.

Thank you to all of you who have been in touch during the month. Please do contact me about any concerns or questions you have about any local or strategic issue.

Lynda

lyndaharford@icloud.com; 01954 251775/07889 131022; Follow me on Twitter: @2whit2whoo.

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On-line mail order prescription services

Please be aware that if you sign up to an on-line company for your prescriptions to be delivered, these services are not part of the NHS and your doctors' surgery will no longer be able to dispense to you.

Flu vaccinations

- We will be receiving our flu vaccinations from the 14th September, please contact the surgery to book an appointment.
- We will be holding our Saturday flu clinic on 22nd September.
- All patients 65 years and over are eligible to receive the vaccine and also those under 65 years if in an at risk group.
- If you are unsure whether you are eligible then please ask.

Children's nasal flu vaccinations

- The surgery will be vaccinating 2–3 year olds; older children will be vaccinated at school. We will advise when the vaccines are available, this is normally in October.

Mobile telephone numbers – SMS text messages

Please let the receptionist know your mobile telephone number if you would like to receive your appointment details by SMS text message, this will also send you a reminder of your appointment 24 hours before and advise you if the appointment needs changing.

We may also use your number to advise you of health information, reviews, or vaccinations that you may be due. Please also make sure that you update us with any changes in telephone numbers.

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Arbury Community Centre Cambridge 2nd October
Mepal Village Hall on 9th November

Please join us

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We are currently seeking volunteers who can offer support to families in their local area

Do you have parenting experience and a spare 2–3 hours a week?

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101 to report ALL suspicions or concerns, for advice, or to report a crime that has already happened.

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- finding funding;
- acting as a critical friend – looking through funding applications;
- advice and information, e.g. on DBS checks;
- setting up your group;
- networking events where you can meet other like-minded organisations;
- training on subjects such as Safeguarding or First Aid;
- the creation of your Policies and Procedures such as a Constitution.

If you would like some support please contact Angela Haylock, Development Officer: T: 01480 420604; M: 07809 214895; www.huntsforum.org.uk.

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Could you spare an hour or two a week to befriend a blind veteran who has become isolated? Do you have an afternoon free where you could help with their food shopping?

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email: lisa.walsh@blindveterans.org.uk; tel: 07850 518431.

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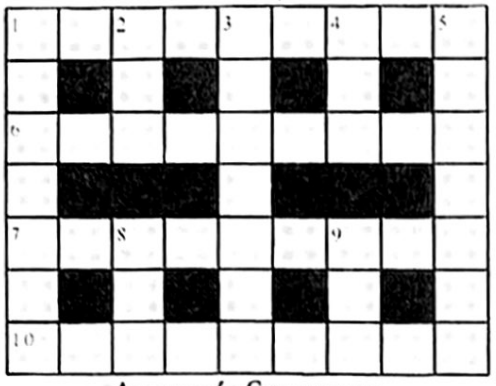
Gas Safe Register

— SEPTEMBER CROSSWORD —

Across: 1. presuming, 6. act of washing, 7. involve, 10. silent.

Down: 1. railway halt, 2. friend, 3. not indoors, 4. a West African, 5. engine joining components, 8. modern Chinese architect, 9. consumed.



AUGUST'S SOLUTION

Across: 1. abstained, 6. rearrange, 7. gate house, 10. thermoset.

Down: 1. alright, 2. sea, 3. Abraham, 4. nan or nun, 5. deepest, 8. the, 9. ups.

— BIN COLLECTION —

Friday 31st August	green and blue
6th September	black
13th September	green and blue
20th September	black
27th September	green and blue
4th October	black
11th October	green and blue
18th October	black
25th October	green and blue

— THE ALLOTMENT SOCIETY —

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: barhillallotment@gmail.com.

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Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter, Holiday@Home	*Sue Kenchington*	01954 780260
Community Market	*Karen Austen*	01954 781085
Conservative Party	*Iris Lay*	01954 205265
County Councillor	*Lynda Harford*	01954 251775 07889 131022
Councillor, Parish Council, Residents' Association, Bar Hill News Advertising	*Bunty Waters*	01954 201421 07734 690580
Councillor, Parish Council, Residents' Association	*Roger Hall*	01954 780304
Happy Hours	*Anne Plumb*	01954 780364
Health Walks	*Josephine Powell*	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	*Office*	01223 830037
Office address: Broadway House, 149–151 St Neots Road, Hardwick CB23 7QJ		
Liberal Democrat Party	*Andy Pellew*	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	*Maple*	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Over Day Centre	*Hayley Smith, Manager*	01954 231807
Parish Council Office	*Sue Bell, Parish Clerk*	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion, Health & Wellbeing at Tesco	*Wendy Arrowsmith*	01954 781381
Samaritans		01223 364455
Swavesey Village College		01954 230366

— SEPTEMBER PUZZLE —

Form nine, nine letter TREES OR SHRUBS, in groups of three letters, in alphabetical order.

B	U	C	K	B	E	R	E	S					K	T	H		
C	H	E	K	T	H	R	I	M				E				O	
C	U	P	L	A	N	R	R	Y				P				S	
D	I	I	L	E	Y	R	R	Y				R				H	
F	O	R	N	D	I	S	A	T				C				R	
H	A	C	O	O	D	S	N	O					O	R	A		
H	I	A	O	R	A	S	U	S								D	
I	N	W	O	R	N	S	Y	T				T				O	
J	A	B	O	Y	A	W	B	E					W	B	E		

Solution for August: Adephagia, Charybdis, Demphredo, Epiphanes, Ganymedes, Hippolyta , Limoniads, Melopomene, Oceanides.

SEWING SERVICE

If you have a sewing job you can't face, call Lyn on 01954 201113.

NOTICE – PARKING

Please report any concerns regarding inconsiderate parking direct to the Police on http://tinyurl.com/SouthCambs-Parking

Just state village, street, and the nature and effect of the problem including vehicle registrations, dates, times, paths, verge, etc. and press **submit** – Thank you.

— EVENTS CALENDAR —

date	*event*	*where*	*time*
25 August	Cricket match v Haslingfield *(page 4)*	Village Green	
30 August	NWR – Do you want to live to be 100? *(page 3)*		8pm
1 Sept	40th anniversary Fun Day *(page 8)*	Village Hall	1pm–late
3 Sept	Happy Hours returns *(page 3)*	Octagon	11am–3pm
3 Sept	Sing It Out Choir returns *(page 1)*	Octagon	7.30pm
4 Sept	Residents' Association committee meeting *(page 1)*	Parish Council Offices	8pm
6 Sept	8 O'clock Club – enrolment evening *(page 3)*	School	8pm
9 Sept	Welly Walk *(page 16)*	besides A14	10am–12md
10 Sept	Happy Hours *(page 3)*	Octagon	11am–3pm
11 Sept	Health and Wellbeing Club *(page 3)*	Tesco Community Room	2–4pm
11 Sept	Dry Drayton W.I. *(page 3)*	Village Hall	2.30pm
12 Sept	Wildlife Trust – Otters in Cambridgeshire *(page 16)*	PE28 4TB	7.30pm
13 Sept	NWR – Famous cafes and restaurants *(page 3)*		8pm
17 Sept	Happy Hours *(page 3)*	Octagon	11am–3pm
19 Sept	HomeStart training course *(page 25)*	Papworth	
22 Sept	Flu vaccine clinic *(page 25)*	Over & Swavesey GPs	
22 Sept	Stargazing *(page 4 & 30)*	Fen Drayton Lakes	8–9.30pm
24 Sept	Happy Hours *(page 3)*	Octagon	11am–3pm
25 Sept	Bar Hill Book Club *(page 3)*	VillageHall	7.30pm
27 Sept	NWR – Obesity and eating disorders *(page 3)*		8pm
29 Sept	Litterpick *(page 1)*	Parish Council Offices	from 9am
29 Sept	Willow-weaving workshops *(page 4)*	Fen Drayton Lakes	10am–4pm
4 Oct	8 O'clock Club – talk *(page 3)*	School	8pm

— STARGAZING —

22nd September from 8–9.30pm at Fen Drayton Lakes

RSPB members: £8; non-members:£10, children half price

Join experts from the Institute of Astronomy and the Cambridge Astronomical Association for a stargazing evening at the lakes.

For more information or to book your place, please contact: E: fendraytonlakes@rspb.org.uk or T: **01954 233260**

Find out more at www.rspb.org.uk/fendraytonlakes.

The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654.

ARTHUR RANK HOSPICE CHARITY

Make a will... throughout October 2018

Have you got round to making or updating your Will? Now's the time!

Local solicitors and will writers are kindly donating their time to write or update a standard Will in return for a donation to Arthur Rank Hospice.

Make a will to make sure those you care about most are provided for – it's easier than you think.

For more details: visit http://www.arhc.org.uk/Makeawill.asp; E: lucy.day@arhc.org.uk; T: 01223 675881

Registered Charity No. **1133354**

FOR SALE

Black zipped Portfolio Carry Case 67cm x 48cm

Ideal for University Work – as new £5

Tel: 01954 201210

— BAR HILL POST OFFICE —

We are located in Bar Hill Library, open 9–5.30pm Monday to Friday and 9–12.30pm Saturday.

We offer Royal Mail and ParcelForce services for all your posting needs. Ask our friendly, helpful staff for advice to make sure you're using the right service.

Also available:

Car Tax • Bill payments; • Banking services – cash/cheque deposits for all High Street Banks; • FREE cash withdrawals; • Foreign Currency – Euros in stock – other currency available to order with next day delivery; • Moneygram – safely send money abroad/UK; • Gas and Electricity key/card top-ups; • Mobile phone top-ups; • One 4 All Multi-store Gift Cards; • National Lottery, EuroMillions & Scratchcards; • Stationery and posting/packaging items; • Cards and wrapping paper for all occasions; • Helium Balloons;

• Basic shop items; • Sweets and chocolate; • Cold drinks; • Daily Newspapers – reserve your paper for Collection.

NEW – Vaping Products, Ice Creams

PLEASE SUPPORT YOUR LOCAL POST OFFICE

– ☺ thank you ☺ –

— STORYTIME AT THE LIBRARY —

This information replaces that in the August edition, which was included with good intewntions but without permission. **There will be no session of Storytime in September.**

The dates for future sessions in the Library for pre-readers have not yet been decided. Please watch the Bar Hill News for information.